

PERFORMING ARTS MEDICINE DAY

Understanding the Medical Problems of Instrumentalists and Vocalists:

*A cooperative venture of music and medicine professionals
looking at aspects of preventative health care for performing musicians*

**Rice University Shepherd School of Music
The Duncan Recital Hall in Alice E. Pratt Brown Hall
Saturday, April 28, 2007**

- 9:00 a.m. - 9:15 a.m.** Welcome by Dean Robert Yekovich and Dr. Richard Wainerdi
Introduction by C. Richard Stasney, M.D.
- 9:15 a.m. - 9:45 a.m.** Evan Collins, M.D.: *Repetitive Movement Hand Disorders*
- 9:45 a.m. - 10:15 a.m.** Rebecca Clearman, M.D.: *Evaluation and Treatment of Musicians' Upper Extremity Problems*
- 10:15 a.m. - 10:30 a.m.** Break
- 10:30 a.m. - 10:45 a.m.** C. Richard Stasney, M.D.: *Hearing Disorders and Protective Devices*
- 10:45 a.m. - 11:30 a.m.** Jules Bohnn, M.D.: *Psychological Challenges of Performing Artists Including a Discussion of Performance Anxiety and Beta Blockers*
- 11:30 a.m. - 12:00 p.m.** Ron Tintner, M.D.: *Music and Its Biological Role: How the Brain Processes and Produces Music*
- 12:00 p.m. - 12:30 p.m.** Lunch
- 12:30 p.m. - 1:00 p.m.** Piano Performance with Commentary by Robert Freeman, Ph.D.: *Mozart's Sonata K576: A Stab at Understanding the Neurology of Piano Playing*
- 1:00 p.m. - 1:45 p.m.** C. Richard Stasney, M.D.: *Care of the Professional Voice*
- 1:45 p.m. - 2:15 p.m.** Dan Benardot, Ph.D.: *Nutrition: Fueling the Performing Artist*
- 2:15 p.m. - 2:30 p.m.** Anthony Brissett, M.D.: *Embouchure Overuse Syndrome: The High Price of Lip Service*
- 2:30 p.m. - 2:45 p.m.** Break
- 2:45 p.m. - 4:00 p.m.** Panel discussion: C. Richard Stasney, M.D., Dan Benardot, Ph.D., Anthony Brissett, M.D., and Shepherd School faculty members Norman Fischer, Stephen King, and William VerMeulen
*How **Not** to Get Hurt Using Natural and Efficient Approaches to Music Production*
- 4:00 p.m.** Closing remarks (Dean Robert Yekovich and Dr. C. Richard Stasney).